Bredon Hill Academy

Headteacher
Miss D J West, MAEd, BEd, NPQH
Deputy Headteacher
Mrs M E Jessop, BA (Hons)
Business Manager
Mrs C E Shalom, BSc (Hons)
Assistant Headteacher
Mr M Horton, BA (Hons), NPQH
Assistant Headteacher
Mrs K Dunkley, BA (Hons), NPQSL
Assistant Headteacher
Ms S Vaughan, BA (Hons), NASENCO



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25th September 2024

Dear Parents and Carers

Key Stage 2: Relationships and Sex Education

As a part of your child's educational experience at Bredon Hill Academy, we aim to promote personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. The intention is to give children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

This academic year, your child's class will be taking part in lessons which will focus on the following in Relationships and Sex Education (RSE):

- Positive and healthy relationships.
- Changing relationships including friendships.
- Families.
- Growing and changing, including puberty.
- Personal hygiene.
- Changing feelings.
- Becoming more independent.
- Keeping safe.
- Developing self-esteem and confidence.

This is part of our school's PSHE education programme which is taught throughout the school in every year group. Our school Relationships and Sex Education Policy is available to view on our website. For more details about our PSHE curriculum, please visit our school website. Our PSHE programme is underpinned by our school ethos and values. All PSHE lessons take place in a safe learning environment taught by staff with specialist training. There will be opportunities for students to ask questions in order to prepare them for relationships in the modern world. Our PSHE curriculum follows the Department for Education's latest statutory guidance. Please see the attached sheet for further information.

As a school community, we are committed to working in partnership with parents. If you would like to discuss any concerns or you wish to withdraw your child from these lessons, please contact me by Friday 18th October 2024.

Yours sincerely

Chan

Claire Matthews Subject lead for PSHE